

On Demand Web Lessons - \$5 (includes assessment review and certificate)

Must order online. Better Kid Care’s new On Demand system provides professional development anytime you are ready to learn! Create an account and view all lesson content free of charge. On Demand learning allows you to complete an online lesson, take an assessment, and print a certificate of completion. Pay online using a credit card (\$5.00 fee/lesson). One- and two-hour lessons are available. Titles cover content areas of child growth and development; environment and curriculum; family support; observation; professionalism and leadership; health, safety, and nutrition.

Lessons by Mail — \$25 (additional fee for assessment review and certificate)

Lessons by mail include an educational DVD and a workbook. Materials are mailed upon receipt of order and prepayment of \$25.00 per lesson. A completed lesson assessment can be reviewed by an early childhood instructor by submitting the assessment for processing with a \$15 payment. After successful completion and review, Better Kid Care will issue a certificate for two hours of professional development. Allow at least 6 weeks for processing. Ordering information is available at the Better Kid Care website. *CEUs are available and apply to CDA hours.*

Child Growth and Development

- Biting and Sharing
- See as a Child, Feel as a Child
- Toddlers: Terrible or Terrific?
- Understanding & Supporting Children’s Language and Social/Emotional Development
- Understanding & Supporting Children’s Physical and Cognitive Development
- What Does Brain Research Tell Us About Infant Care?

The Environment, Curriculum & Content

- Active Kids are Learning Kids
- Active Times – Quiet Times: Making Transitions Easier
- Activities for Learning Math: Numbers, Colors, and Shapes
- Art Appreciation 101 for Young Children
- Avoid Behavior Problems – Teach Self-Control
- Behavior is Contagious
- Changing Spaces
- Child Care... for Mixed Ages
- Dealing with Anger – the Children’s and Yours
- Easy Ways to Boost Kids’ Brain Power
- Exciting Backyard Science Activities

- Fighting Children’s Obesity Through Active Play
- How to Make and Use Puppets
- How to Turn Good Play into GREAT Play
- How to Work with Active Children
- I Want! I Want! I WANT!: Building Good Consumers
- Improving Transition Times
- Is Block Play Really Important?
- Junk Makes Great Learning Material
- Learning to Read Before Six?
- Let’s Talk... Discipline
- Math for Every Age
- Music for the Non-Musical
- New Ways to Plan Activities
- Pets in Child Care
- Problem Solving with Children
- Science for Young Thinkers
- Secrets for Preventing Problem Behaviors
- Sparking Kids’ Curiosity
- Summertime Care
- Taking a New Look at Dramatic Play
- The Art and Science of Playing with Young Children
- The Ins and Outs of Good Circle Times
- Using Art Materials
- When is Behavior OK or Not OK?
- Working with Wood -- Kids Can Do It!

Families in Society

- How to Get Parents on Your Team
- Let’s Celebrate!
- Parents: Friends or Foes?
- Secrets of How to Get Parents Involved

Child Assessment

- Improving and Using Your Observation Skills
- What Children Need to Know to Start School

Communication

- Communicating with Children

Professionalism and Leadership

- Family Child Care... It’s a Business
- How to Take the Stress Out of Caregiving

Health, Safety, and Nutrition

- Active Play: Fighting Obesity and Diabetes and Keeping Children Healthy
- Eating Times: The Ups and Downs
- Obese Kids: They Are What They Eat
- Snack Time: It’s More than Juice and Crackers
- The Ups and Downs of Outdoor Play
- Your #1 Priority: Keeping Children Healthy and Safe

 Denotes lesson appropriate for school-age practitioners

Additional Better Kid Care Resources

Center Based New Staff Orientation Curriculum*

Designed for new staff in centers with children up to age 6. Fifteen hours of professional development.
 DVD & Workbook – \$70.00
 Spanish Workbook – \$15.00

Center Based New Staff Orientation Refresher*

Three hours of professional development.
 DVD & Workbook - \$65.00

*\$25 additional fee for review and certificate

• Mentoring Line for Child Care Providers

800-859-8340 or email betterkidcare@psu.edu

• CDA Resources and Support

current information and guidance about the CDA

• e-newsletter

subscribe and receive monthly inspiration and news

• Resource Pages

research-to-practice information

• CYTTAP Program

for childcare professionals serving military connected families

Order Form (not for use by PA residents)

BETTER · KID · CARE

COMPLETE this form legibly in ink.

Mail Order Form with payment to:

Penn State Better Kid Care
341 N. Science Park Road, Suite 208
State College, PA 16803

For office use only

Date Received _____

Transaction # _____

CCO# _____

or, FAX to: 814-865-7893 (credit card only)

Questions? Call 800-452-9108

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